



A WORKOUT for LIFE ... our Sermon series

In his message this morning Pastor Dave will be challenging each of us to find “workout partners” to “bring to the gym,” which is church.

1. Write down three names of people in your life who you know do not attend church regularly and whose lives would be better if they went to church (These can be church members.)
2. If you haven't brought someone with you to church in the last year, why haven't you?
 - a. If you haven't suggested to someone that they come to church with you. Why haven't you?
3. Are you willing this week to call a friend or family member and invite them to St. Paul's next week? If not, why not?



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